

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	WRAPS, TKY & RST BEEF	FALAFEL / PITA	Breaded Tilapia	EGGPLANT, SPIN & BEEF CASSEROLE	DELI ROLL
	PENNE PASTA SALAD	HUMMOUS / TEHINA	Steak Fries	Caesar Salad	HOUSE SALAD
	COLE SLAW	ISRAELI SALAD & TABOULE BABAGANOUSH			PICKLES
	Vegetarian: Roasted Vegetable Wraps, Penne Pasta Salad & Coleslaw	Vegetarian: Current menu for the day is vegetarian	Vegetarian: Crispy Breaded Tofu & Steak Fries	Vegetarian: Eggplant Rolatini	Vegetarian: Vegetarian Deli Roll
	DINNER	DINNER	DINNER	DINNER	DINNER
	Chicken Meatballs	HERB BAKED CHICKEN	PULLED BBQ BRISKET	Chicken Shawarma	
	CAVATELLI MARINARA	MASHED POTATOES	ROASTED BARLEY	Cous Cous	
	CHEF'S VEG	CHEF'S VEG	CHEF'S VEG	Chickpea Salad	
	Vegetarian: Pasta Marinara, Gardein Meatballs with Chef's Vegetable.	Vegetarian: Baked Gardein Chicken Patty with Mashed Potatoes & Chef's Vegetable.	Vegetarian: Roasted Vegetable Stacker with Roasted Barley & Chef's Vegetable.	Vegetarian: Seasonal Cous Cous & Chickpea Salad	

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK TWO	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	WRAPS- TURKEY, PASTRAMI (Include additional bread options)	Chicken Stir Fry	Med. Salmon	Hot Dogs (All Beef)	GR CHICKEN CEASAR'S WRAP
	POTATO SALAD	White/Brown Rice	Cous Cous	Seasoned French Fries	PICKLES
	COLE SLAW				
	Vegetarian: Vegan Deli Wrap, Potato Salad & Cole Slaw	Vegetarian: Vegetable Stir Fry with Rice	Vegetarian: Mediterranean Tempeh & Cous Cous	Vegetarian: Vegan Hot Dog with Seasoned French Fries	Vegetarian: Caesar Salad or Wrap
	DINNER	DINNER	DINNER	DINNER	DINNER
	SWEET & SOUR MEATBALLS	PENNE W/SAUSAGE & PEPPERS & MUSHROOMS	Chicken Schnitzel	Roasted Turkey Breast	
	RICE PILAF		Roasted Potatoes	Stuffing	
	CHEF'S VEG		Chef Vegetable	Green Beans	
	Vegetarian: Sweet & Sour Gardein Meatballs with Rice Pilaf & Chef's Vegetable	Vegetarian: Penne Vegan Sausage with Seasonal sautéed Vegetables.	Vegetarian: Gardein Chicken Patty with Roasted Potatoes & Chef's Vegetable	Vegetarian: Sage Marinated Tofu with Cornbread Stuffing & Green Beans.	