

## MONDAY

**LUNCH:**

Turkey &  
Pastrami  
Wraps  
Pasta Salad  
Cole Slaw

**DINNER:**

Turkey  
Bolognese with  
Shells  
Chef's  
Vegetable

## TUESDAY

**LUNCH:**

Falafel with  
Pita  
Hummus  
Israeli Salad &  
Tabbouleh

**DINNER:**

Chicken  
Shawarma  
Israeli Salad

## WEDNESDAY

**LUNCH:**

Beer Battered  
Pollock  
Steak Fries

**DINNER:**

Pulled BBQ  
Brisket  
Roasted Barley  
Chef's  
Vegetable

## THURSDAY

**LUNCH:**

Beef Nachos  
Rice  
Refried Beans

**DINNER:**

Maple Apple  
Baked Chicken  
Mashed  
Potatoes  
Chef's  
Vegetable

## FRIDAY

**LUNCH:**

Jerk Chicken  
Wrap  
Fries  
Fruit Cup

## MONDAY

## LUNCH:

Corned Beef on  
Rye  
Side Salad

## DINNER:

Beef Bolognese  
Penne  
Marinara  
Chef's  
Vegetable

## TUESDAY

## LUNCH:

Falafel with  
Pita  
Hummus  
Tabbouleh  
Baba Ghanoush

## DINNER:

Chicken  
Schnitzel  
Brown Rice  
Pilaf  
Chef's  
Vegetable

## WEDNESDAY

## LUNCH:

Mediterranean  
Salmon  
Cous Cous

## DINNER:

Penne with  
Sausage,  
Peppers &  
Mushrooms

## THURSDAY

## LUNCH:

Chili Cheese  
Dogs

## DINNER:

Beef Stew

## FRIDAY

## LUNCH:

Chicken Stir  
Fry

\*WEEKLY ROTATION STARTS ON WEEK 3 ON 8/26

W E E K

**3**

**MONDAY**

**LUNCH:**

Turkey &  
Pastrami  
Wraps  
Pasta Salad  
Cole Slaw

**DINNER:**

Turkey  
Bolognese with  
Shells  
Chef's  
Vegetable

**TUESDAY**

**LUNCH:**

Falafel with  
Pita  
Hummus  
Tabouleh  
Baba Ghanoush

**DINNER:**

Chicken  
Shawarma  
Israeli Salad

**WEDNESDAY**

**LUNCH:**

Beef Tacos  
Salsa  
Shredded  
Lettuce  
Rice  
Refried Beans

**DINNER:**

Herb Baked  
Chicken  
Mashed  
Potatoes  
Chef's  
Vegetable

**THURSDAY**

**LUNCH:**

Beer Battered  
Fish  
Steak Fries  
Side Salad

**DINNER:**

Pulled BBQ  
Brisket  
Baked Beans  
Coleslaw

**FRIDAY**

**LUNCH:**

BBQ and  
Buffalo  
Chicken Wings  
Carrots and  
Celery  
Fries

MONDAY

LUNCH:

Ground  
Chicken Tacos  
Rice  
Refried Beans

DINNER:

Beef Bolognese  
Penne  
Marinara  
Chef's  
Vegetable

TUESDAY

LUNCH:

Falafel with  
Pita  
Hummus  
Israeli Salad &  
Tahina

DINNER:

Chicken  
Marsala  
Spaghetti  
Chef's  
Vegetable

WEDNESDAY

LUNCH:

Penne with  
Sausage,  
Peppers &  
Onions

DINNER:

Mediterranean  
Salmon  
Orzo

THURSDAY

LUNCH:

Beef Hot Dogs  
French Fries

DINNER:

Roasted  
Turkey Breast  
Stuffing

FRIDAY

LUNCH:

Chicken Fried  
Rice