

Commons Daily Made Without Gluten Options

Spoonful:

Made without Gluten Soup Available Daily

On a Roll Deli:

Made without Gluten Breads, Rolls, Wraps Available Daily

Piazza:

Made without Gluten Pizza Crust available. Please feel free to add toppings from salad bar or any other MWG Proteins you would like

Fired Flavor:

Oh My Pasta:

MWG Pasta, Toppings & Marinara Sauce

Mad Taco:

Corn Tortillas, Rice, Chicken, Pork, Toppings, Vegetables, Queso

Umami:

Rice, Chicken, Tamari, Assorted Vegetables

Seared:

**Grilled Chicken, Hamburgers available daily, Beyond Meat Burger
MWG Breads & Rolls available daily**

Heirloom:

Add MTO Toppings

Piazza:

Menu Specific (i.e. day we have Pasta item, we would use MWG pasta in the dish)

Park River Bakery + Sugar Rush:

**Bakery always has a Made without Gluten Baked Option
Soft Serve Dole Whip**

Yolked Up:

Omelet Bar

Smoothie Bar

Scrambled Eggs,

Breakfast Meats

Breakfast Potatoes

Made without Gluten Pancakes available upon request

Yogurt/Cut Fruit Station

Assorted Cereals (suggest going through Stress Less Pantry to avoid cross contamination)

**Scan the qr code to view
all allergen information**



hartford.campusdish.com