

COMMONS DAILY

PLANT BASED OFFERINGS

BREAKFAST OPTIONS:

- CUT SEASONAL FRUIT
- WHOLE FRUIT
- OATMEAL BAR
- CREATE SMOOTHIE STATION
- JUST EGG PLANT BASED EGG MIXTURE @ YOLKED UP
- VEGAN SAUSAGE @ MAIN INGREDIENT
- ASSORTED BREADS & BAGELS
- ASSORTED CEREAL (*BE SURE TO USE OAT MILK OR ALMOND MILK*)

LUNCH & DINNER OPTIONS:

- PLANT BASED DAILY SOUP AT SPOONFUL
- PLANT BASED MAYO @ ON A ROLL DELI
- CHICK'N SALAD @ ON A ROLL DELI
- BLACK BEAN AND BEYOND BURGERS @ SEARED
- VEGAN PIZZA @ PIAZZA (*CHOOSE TOPPINGS @ HEIRLOOM AND BRING TO PIAZZA. WE WILL ADD VEGAN CHEESE*)
- ALL FIRED FLAVOR CONCEPTS HAVE VEGAN OPTIONS AVAILABLE, JUST ASK!
- MAIN INGREDIENT VEGAN OFFERING FOR LUNCH & DINNER DAILY
- INQUIRE @ FIG + HONEY FOR DAILY PLANT BASED OPTIONS
- 2 DAILY VEGAN COMPOSED SALADS & ASSORTMENT OF BEANS/LEGUMES @ HEIRLOOM

DESSERTS & EXTRAS:

- DOLE WHIP
- VEGAN & MADE WITHOUT GLUTEN DESSERTS MADE DAILY @ PARK RIVER BAKERY, JUST ASK!
- STRESS LESS ROOM SNACKS AND MEALS

***IF YOU DON'T SEE A VEGAN OR VEGETARIAN OPTION AVAILABLE, JUST ASK THE STATION ATTENDANT!**