## **MOE'S**

### MEAL EQUIVALENCY

Available 7am-10:30am, 11am- 4:00pm and 4:00pm-10pm Limit 1 meal - per meal period - all locations

Your Choice of one of the following:

#### **HOMEWRECKER (Burrito)**

Protein choice of Chicken, Ground Beef, Steak, Tofu or Vegetable.

#### **BURRITO BOWL**

Protein choice of Chicken, Ground Beef, Steak, Tofu or

Vegetable.

Meals include chips & salsa and a 21oz fountain beverage

#### ADD ONS:

extra meat +\$3, bacon +\$2, queso +\$2 Guacamole +\$2

# BACKSTAGE

Your Choice of one of the following:

Chicken Tenders (3) CYO Salad/Bowl Soup of the Day CYO Sandwich

With your choice of fruit/chips and a 21oz beverage

## Burgers + Fries MEAL EQUIVALENCY

Available 7am-10:30am, 11am-4:00pm and 4:00pm-10pm Limit 1 meal per meal period—all locations

Your Choice of one of the following:

CYO BURGER CHICKEN TENDERS (3) CYO CRISPY CHICKEN CYO GRILLED CHICKEN

Meals include one sauce, regular fries and a 21oz fountain beverage

## MELT

### MEAL EQUIVALENCY

Available 7am-10:30am, 11am-4:00pm and 4:00pm-10pm Limit 1 meal per meal period—all locations

Your Choice of one of the following:

CYO Melt sandwich Signature Sandwiches: Four Maggio The AJ The Italian Classic Tuna Melt

ADD ONS:

+\$2ea.: Egg, Extra Protein

Meals include fries or Soup and a 21oz fountain beverage

## COOP

### MEAL EQUIVALENCY

Available 7am-10:30am, 11am-4:00pm and 4:00pm 10pm Limit 1 meal per meal period—all locations Your Choice of one of the following:

> CYO Coop Sandwich The O.G. Clucker East Meets West The Southern Country Club Where's Buffalo Again?

Meals include fries or biscuit and a 21oz fountain beverage

ADD ONS:

+\$1ea.: extra cheese, Bacon, +\$2ea.: bottled beverage

## LAKI BOWL

### MEAL EQUIVALENCY

Available 7am-10:30am, 11am-4:00pm and 4:00pm-10pm Limit 1 meal per meal period—all locations

Your Choice of one of the following:

#### C.Y.O. BOWL:

#### 2 bases

1 protein: chicken or tofu (tuna + \$2) 5 toppings, 2 sauces, 2 garnish

UMAMI BOWL +\$2

#### SESAME BOWL

**HAWAIIAN BOWL** 

## DOUGH CITY

### MEAL EQUIVALENCY

Available 7am-10:30am, 11am-4:00pm and 4:00pm-10pm Limit 1 meal per meal period—all locations *Your Choice of one of the following:* 

> C.Y.O. Pizza: Specialty Pizzas:

The Carousel The Bushnell The Yard Goat The Charter Oak Behind the Rocks The Mark Twain The Jackie McLean

## **Tiger Go**

### MEAL EQUIVALENCY

Available 7am-10:30am, 11am-4:00pm and 4:00pm-10pm Limit 1 meal per meal period—all locations Your Choice of one of the following:

Create you own: Choose Base (one) **Vegetable Fried Rice or Vegetable Lo** Mein **Choose Protein (one)** General Tso's Chicken & Broccoli **Teriyaki Beef with Onions & Peppers General Tso's Cauliflower & Broccoli Orange Chicken with Red Peppers Choose Topping (one) Sesame Seeds or Crispy Wontons** Choose a Side (one)

## HARTFORD SMOOTHIE COMPANY MEAL EQUIVALENCY

Available 7am-10:30am, 11am-4:00pm and 4:00pm-10pm Limit 1 meal per meal period—all locations

Your Choice of one of the following:

C.Y.O. Smoothie: 1 base, 1 Milk, 2 Fruit, 3 Mix-ins

Signature Smoothies: Peanut Butter Banana, Coconut Berry, Strawberry Banana, Green, Blueberry Power

## OMORI

### MEAL EQUIVALENCY

Available 7am-10:30am, 11am-4:00pm and 4:00pm-10pm Limit 1 meal - per meal period - all locations

Your Choice of one of the following:

#### C.Y.O. BOWL:

1 Broth: Curry Chicken, Mushroom Miso, Smokey Shoyu

2 Vegetables: Crispy Onion, Baby Bok Choy, Corn

1 Protein: Crispy Chicken Katsu, Shoyu Shitake, Chashu Pulled Pork

2 Toppings: Chili Oil, Togarashi, Toasted Sesame Seed

Add on's: Extra Egg, Extra Vegetable, Extra Noodle, Extra Protein

## STARBUCKS

### MEAL EQUIVALENCY PREMIUM ALL-ACCESS PLAN ONLY

Available 7:30am-10:30am, 11am-4:00pm and 4:00pm-10pm Limit 1 meal - per meal period - all locations

Your Choice of one of the following:

ANY PASTRY WITH A GRANDE ICED OR HOT BEVERAGE

**BACON & GOUDA WITH A GRANDE ICED OR HOT BEVERAGE** 

EGG WHITE EGG BITES WITH A GRANDE ICED OR HOT BEVERAGE

SAUSAGE, EGG & CHEDDAR WITH A GRANDE ICED OR HOT BEVERAGE

ROASTED TOMATO & MOZZARELLA PANINI WITH A GRANDE ICED OR HOT BEVERAGE

**CRISPY GRILLED CHEESE WITH A GRANDE ICED OR HOT BEVERAGE** 

SPINACH & FETA CAGE FREE EGG WHITE WRAP WITH A GRANDE ICED OR HOT BEVERAGE

HAM AND CHEESE CROISSANT WITH A GRANDE ICED OR HOT BEVERAGE

GRANDE FRAPPUCCINO (does not include food option)

Add ons: Extra syrup, shots, sauces, drizzles, inclusions, cold foams, lemonade, non-dairy milk, heavy cream, half and half, cream cheese and avocado

## HAWK'S NEST

### MEAL EQUIVALENCY

Available 7am-10:30am, 11am-4:00pm and 4:00pm-10pm Limit 1 meal - per meal period - all locations #1 Cheeseburger (lettuce, tomato, cheese) #2 Grilled Chicken Sandwich (lettuce, tomato, cheese) #3 Crispy Chicken Wrap (lettuce, tomato, cheese) #4 Cheese Flatbread Pizza **#5** Pepperoni Flatbread Pizza #6 Black Bean Burger (lettuce, tomato) #7 Beyond Burger/Chic Pattie (lettuce, tomato) #8 Caesar Salad with or without Chicken #9 Chicken Quesadilla #10 4oz Boneless wings

#11 Wok Bowl ( choice of 1 protein, 1 starch, 3 veggies)

All ME (excluding #11) comes with fries and a 21oz fountain drink or sm. side salad and 21oz fountian drink

## Salad Bar

### MEAL EQUIVALENCY

Available 7am-10:30am, 11am-4:00pm and 4:00pm-10pm Limit 1 meal per meal period—all locations

Includes:

## 1 lb of Salad Bar items additional weight \$11.19lb

## **GSU Breakfast Grill** MEAL EQUIVALENCY

Available 7am-10:30am, 11am-4:00pm and 4:00pm-10pm Limit 1 meal per meal period—all locations

### Includes:

**Breakfast Sandwich with tater tots** 

### **French Toast with Bacon**

### Meals include a 12oz Hot Coffee or Tea

## MEAL EQUIVALENCY HOURS

### 7:30 am — 10:30 am

### **11** am — 4:00pm

4:00 pm — 10 pm

Limit 1 meal per meal period all locations

## TAVOLINO

### **MEAL EQUIVALENCY**

Available 7am-10:30am, 11am-4:00pm and 4:00pm-10pm Limit 1 meal per meal period—all locations

Your choice of the following:

**Create-your-own:** 

1 pasta (spaghetti or rigatoni)

1 sauce

1 protein (chicken, broccoli or sausage)

2 vegetables

2 toppings

Meals include a 21oz fountain beverage

#### ADD ONS:

+\$1ea.: extra vegetable, extra sauce, extra toppings, extra garlic bread, gnocchi or ravioli

+\$2ea.: extra protein

## SUBWAY MEAL EQUIVALENCY

Available 7am-10:30am, 11am-4:00pm and 4:00pm-10pm Limit 1 meal - per meal period - all locations

Your choice of the following 6in Sub:

Italian BMT Sub Sweet Onion Chicken Teriyaki Sub Turkey Breast Sub Tuna Sub Black Forest Ham Sub Meatball Marinara Sub Veggie Patty or Veggie Delight

6in Meals include your choice of chips or a cookie and a 21oz fountain beverage

Your choice of the following FOOTLONG Sub:

Turkey Breast Sub Black Forest Ham Sub Veggie Patty or Veggie Delight Sub Meatball Sub Italian BMT Sub

Footlong Meals include your choice of chips, cookie , or a 21z fountain beverage

Salad

Salad Meals include your choice of chips or a cookie and a 21oz fountain beverage