

**COMMONS PDR BREAKFAST PICK UP MENU 3/30-4/5**

<b>Date</b>	<b>Main Option</b>	<b>Restricted Diet Option</b>
Mon 3/30/20	Scrambled Eggs, Bacon, Breakfast Potatoes, Bfast Pastry Whole Fruit, Juice, Milk, Coffee/Tea	Tofu Scramble, Vegan Sausage Breakfast Potatoes, GF Bfast Pastry Whole Fruit, Juice, Milk Alt, Coffee/Tea
Tues 3/31/20	Cereal Cup, Fruit Cup, Yogurt Cup Breakfast Pastry Whole Fruit, Juice, Milk, Coffee/Tea	Cereal Cup, Fruit Cup, Vegan Yogurt Cup GF Breakfast Pastry Whole Fruit, Juice, Milk Alt, Coffee/Tea
Weds 4/1/20	Choc Chip Pancakes, Turkey Sausage Potato Tots Whole Fruit, Juice, Milk, Coffee/Tea	Vegan GF Pancakes, Tempeh Bacon Potato Tots Whole Fruit, Juice, Milk Alt, Coffee/Tea
Thurs 4/2/20	3-Cheese Frittata, Turkey Sausage Breakfast Pastry Whole Fruit, Juice, Milk, Coffee/Tea	Vegan Breakfast Bowl- 'bacon', tofu avocado, pepitas, onion, tahini & quinoa GF Breakfast Pastry Whole Fruit, Juice, Milk Alt, Coffee/Tea
Fri 4/3/20	Egg, Ham & Cheese Burrito Breakfast Potatoes Whole Fruit, Juice, Milk, Coffee/Tea	Vegan GF Breakfast Burrito w/Tofu, Vegan Cheese, Quinoa and Veggies Breakfast Potatoes Whole Fruit, Juice, Milk Alt, Coffee/Tea
Sat 4/4/20	Cinnamon French Toast, Bacon Hashbrown Potatoes Whole Fruit, Juice, Milk, Coffee/Tea	Vegan French Toast, Vegan Bacon Hashbrown Potatoes Whole Fruit, Juice, Milk Alt, Coffee/Tea
Sun 4/5/20	Hot Breakfast Sandwich (starbucks) Bagel w/CC, Fruit Cup Whole Fruit, Juice, Milk, Coffee/Tea	Veg GF Breakfast Wrap Bagel w/PB, Fruit Cup Whole Fruit, Juice, Milk Alt, Coffee/Tea

**COMMONS PDR LUNCH PICK UP MENU 3/30-4/5**

<b><u>Date</u></b>	<b><u>Main Option</u></b>	<b><u>Restricted Diet Option</u></b>
Mon 3/30/20	Southwest Chicken Burrito, Rice, Beans Sour Cream, Salsa, Guacamole Canned Soda, Bottled Water, Coffee/Tea	Southwest Tofu Burritos, Rice, Beans Guacamole , Salsa, Pickled Jalapenos Canned Soda, Bottled Water, Coffee/Tea
Tues 3/31/20	Philly Cheesesteak Sandwich Potato Salad, Pickles, Snack Rack, Fruit Canned Soda, Bottled Water, Coffee/Tea	Vegan Philly Sandwich Potato Salad, Pickles, Snack Rack, Fruit Canned Soda, Bottled Water, Coffee/Tea
Weds 4/1/20	Boneless BBQ Chicken Wings w/Dip Celery & Carrots, Snack Rack, Whole Fruit Canned Soda, Bottled Water, Coffee/Tea	7-Grain Vegan Tenders w/Vegan Dip Celery & Carrots, Snack Rack, Whole Fruit Canned Soda, Bottled Water, Coffee/Tea
Thurs 4/2/20	Thai Shrimp Stir-Fry w/Spring Roll Jasmine Rice, Tamari, Fortune Cookies Snack Rack, Whole Fruit Canned Soda, Bottled Water, Coffee/Tea	Tofu Stir-Fry w/Spring Roll Jasmine Rice, Tamari, Fortune Cookies Snack Rack, Whole Fruit Canned Soda, Bottled Water, Coffee/Tea
Fri 4/3/20	Assorted Sushi Rolls with Accompaniments Wakime, Sesame Noodle Salad Snack Rack, Whole Fruit Canned Soda, Bottled Water, Coffee/Tea	Vegetable Sushi Rolls w/Accompaniments Wakime, Buckwheat Noodle Salad Snack Rack, Whole Fruit Canned Soda, Bottled Water, Coffee/Tea
Sat 4/4/20	Chicken Parm Grinder, French Fries Garden Salad w/Dressing Snack Rack, Whole Fruit Canned Soda, Bottled Water, Coffee/Tea	Crispy Vegan Parm Sandwich, Fries Garden Salad w/ Vegan Dressing Snack Rack, Whole Fruit Canned Soda, Bottled Water, Coffee/Tea
Sun 4/5/20	Twin Beef Hot Dogs, Fries, LTO, Pickles Snack Rack, Whole Fruit Canned Soda, Bottled Water, Coffee/Tea	Vegan Twin Hot Dogs, Fries, LTO, Pickles Snack Rack, Whole Fruit Canned Soda, Bottled Water, Coffee/Tea

**COMMONS PDR DINNER PICK UP MENU 3/30-4/5**

<b><u>Date</u></b>	<b><u>Main Option</u></b>	<b><u>Restricted Diet Option</u></b>
Mon 3/30/20	Chicken Katsu, Sticky Rice, Edamame Warm Cabbage Salad Cookies or Brownies Canned Soda, Bottled Water, Coffee/Tea	Tofu Katsu, Sticky Rice, Edamame Warm Cabbage Salad Cookies or Brownies Canned Soda, Bottled Water, Coffee/Tea
Tues 3/31/20	Grilled Salmon, Wild Rice Pilaf Montreal Green Beans, Salad, Roll Cookies or Brownies and Whole Fruit Canned Soda, Bottled Water, Coffee/Tea	Vegan Grain Bowl Salad, Roll Cookies or Brownies and Whole Fruit Canned Soda, Bottled Water, Coffee/Tea
Weds 4/1/20	Open Face Turkey Sandwich w/Gravy, Mashed Sweet Potatoes, Salad, Roll Cookies or Brownies and Whole Fruit Canned Soda, Bottled Water, Coffee/Tea	Open Face Vegetable Sandwich w/Gravy Mashed Sweet Potatoes, Salad, Roll Cookies or Brownies and Whole Fruit Canned Soda, Bottled Water, Coffee/Tea
Thurs 4/2/20	Honey Dijon Roast Pork Loin, Red Potatoes Chef's Vegetable, Gravy, Salad, Roll Cookies or Brownies and Whole Fruit Canned Soda, Bottled Water, Coffee/Tea	White Bean & Herb Stuffed Eggplant, Red Potatoes Chef's Vegetable, Salad, Roll Cookies or Brownies and Whole Fruit Canned Soda, Bottled Water, Coffee/Tea
Fri 4/3/20	Hearty Beef & Vegetable Stew Corn Bread, Salad Cookies or Brownies and Whole Fruit Canned Soda, Bottled Water, Coffee/Tea	Hearty Mushroom Vegetable Stew Corn Bread, Salad Cookies or Brownies and Whole Fruit Canned Soda, Bottled Water, Coffee/Tea
Sat 4/4/20	Sweet Chili Chicken Wings, Tator Tots Carrot & Celery Slaw Cookies or Brownies and Whole Fruit Canned Soda, Bottled Water, Coffee/Tea	Vegan Sweet Chili Bites, Tator Tots Carrot & Celery Slaw Cookies or Brownies and Whole Fruit Canned Soda, Bottled Water, Coffee/Tea
Sun 4/5/20	Chicken Marsala, Herbed Rice Chef's Vegetable, Salad, Roll Cookies or Brownies and Whole Fruit Canned Soda, Bottled Water, Coffee/Tea	Vegan Marsala, Herbed Rice Chef's Vegetable, Salad, Roll Cookies or Brownies and Whole Fruit Canned Soda, Bottled Water, Coffee/Tea